



# 卓越之訊

Phoenix Newsletter

<http://www.phoenixclubhouse.org>

## Hope Clubhouse 4 Days Exchange Visit

Ms, Mo Xiao Hong, the staff in charge of Hope Clubhouse in Cheng Du, Si Chuen and staff member Ms. Liu Tong came to our clubhouse from 28/7 to 31/7 to attend a four-day clubhouse model study visit.

In the morning of 28/7, I arrived at their hotel punctually. They were already waiting me at the meeting place, ready to go to Phoenix Clubhouse. Although the hotel was only a 10 minutes' walk from the Clubhouse, they already asked me many things about clubhouse activities on the way. I felt that they were very polite and eager to learn. I also felt that they were whole heartedly getting ready to establish a clubhouse.

They had a tight schedule on the second day. In the morning, they worked hands-on in the units. In the afternoon, they went to Baker & McKenzie to experience transitional employment. In the evening, they joined our night time activity to visit Lai Yuen. They were very interested in our old time games. From their enthusiasm in the games and the amount of photographs they took, we could see the childlike side of them.

The 4 short days had gone. I learned a lot from them. In particular, I found that we had improved our Putonghua. Saying goodbye is always uneasy. Before completing the visit, they shared with us what they had learned. They expressed that they had learned a lot in the work ordered days.

Finally, we wish them health and every success in their work!



Tony



# Summer English Class



This year, the curriculum of our summer English classes was different from the previous years. They were taught by volunteers Alisa and Janna, who are studying in England. They made use of small group discussions and games to encourage members to learn English conversation.

In every lesson, they patiently and enthusiastically taught us some useful words and sentences. The contents covered a wide range of topics, such as asking for directions, ordering food at restaurants and dinner table etiquettes etc. They also taught us how to pronounce English accurately with the help of a computer. This boosted the confidence of the members in speaking English.

During lessons, we played some games in English. Members were divided into several groups. We played puzzles, shopping, asking for directions and 'Monopoly'. The members were required to use only English to communicate. I found this refreshing and interesting.

Finally, we are very grateful to Alisa and Janna, who worked very hard and put in a lot of thought in preparing the teaching materials. These included computer produced pictures, words and teaching VCD etc. Alisa and Janna wish members to grasp every opportunity to speak English, not be shy, and to learn the language creatively and use it creatively too.

These are the words from Alisa and Janna before they left:

Dear all,

Thank you for coming to our lessons, we hope you have learnt something useful. Remember "practice makes perfect". Genius is 1% talent and 99% hard work.

All the best

Yours truly,

Alisa & Janna

17/8/15

Lawrence

## Group Placement Sharing

I joined Phoenix Clubhouse in November 2013 but did not join the clubhouse's group placement until about 1 month ago. After discussing with the staff responsible for me, I joined the group placement program in this big family.

I went to work at A. Menarini's office in Ngau Tau Kok with some other members and a staff member. We worked from 2:00pm to 5:30pm, doing packaging work.

During the process, I learned that I needed to focus when I work, and how to get along with others. Francez gave me a lot of suggestions at work and advised me on the areas I could improve on.

John 24/8/15

Meanwhile, staff Martin, Tracy, Rachel and Henry also gave me many suggestions and appropriate instructions.

I thank them very much for taking care of me and giving me advice in matters related to group placement for I learn a lot every time.

I wish to thank Phoenix Clubhouse, and hope that I can continue to serve in this big family.

John 24/8/15

## Night Tour to Lai Yuen

I do not remember Lai Yuen very well because I did not have a chance to visit it when its operation started in 1949 and ended in 1997. On one hand, I was very young then; on the other hand, I did not live in Kowloon. That's why I don't have any memories of Lai Yuen. I only came to know that there was a place called Lai Yuen from our members.

Coincidentally, the clubhouse held an activity called "a night visit to Lai Yuen" after I joined the clubhouse. I was introduced to this activity by a member who encouraged me to join so that I could connect to the society as well as communicate with the other members in the event. I therefore gathered my courage to join this activity.

On that day, we took the MTR from the clubhouse to Central and walked to the site of Lai Yuen. When we passed by the waterfront Ferris wheel, we took a group photo together. Coincidentally, it was the second day the staff of the Sichuen Hope Clubhouse's visit, so they came to join us after a site visit to the transitional employment job at Baker & McKenzie.

Katy took them to play the different types of mechanical games and different types of Lai Yuen's special games with prizes. Katy and I stayed very focused when playing the games. Though we did not win any prize from the games, we enjoyed ourselves very much because we had a good chat together.

Time really flew by and soon it was time to go home. We took photos at several scenic locations. After taking the staff of Hope Clubhouse to the public transportation, we also said goodbye to one another at the Central piers.

Debbie



Chris: What is your name? (Do you have an English name?)

Bianca: Cheung Yung Nah (Bianca)

Chris: When did you join the Clubhouse?

Bianca: August 10

Chris: Which unit did you join?

Bianca: Administration Unit

Chris: What are your hobbies?

Bianca: Website surfing and reading

Chris: What food do you like?

Bianca: Japanese buffet, breakfast at Chinese tea houses, hot pot and KFC

Chris: What do you think of the clubhouse?

Bianca: Very friendly. The clubhouse is very clean and organized, and it holds different types of activities

Chris: What do you think of the members?

Bianca: They are very nice

Chris: How did you know about Phoenix Clubhouse?

Bianca: I found Phoenix Clubhouse when I was looking for a job

Chris: How do you think the clubhouse model may help members?

Bianca: It helps to boost the confidence of the members. It also helps members to familiarize themselves with real working environments

Interviewer: Chris

Interviewee: Bianca

## New Staff Interview



## Administration Unit

### Administration

1. New staff Bianca reported to duty on August 10. She joined the Administration Unit, replacing Cadence.
2. Staff of Hope Clubhouse Mo Xiao Hong and Liu Tong came to the Clubhouse between 28/7 and 31/7 for exchange of experience. They thanked us for our warm and caring reception to them so they learned a lot.. They wished that PC would become better and better each day.
3. We are grateful to Agnes and Eva of Friends of PC, who helped in translating the revised Clubhouse Standards into Chinese.
4. As requested by Sydney University, Australia and the Hong Kong University, Phoenix Clubhouse participated in translating a rehabilitation questionnaire to Chinese. 14 members participated, and it was completed on July 17.
5. Occupational Therapy Students completed their 8-week practicum on July 24. We wish them every success in their studies, and that everything will go smoothly for them.

### Transitional Employment

1. On August 2, Apple finished her job as mail operator at Morgan Stanley Asia Limited and was replaced by Ka Hai on 3/8/2015.
2. Piu Hang took over the job as Administration Clerk at Paul Hastings on August 17.
3. Eli finished his job at Hong Kong Economic Times Limited as Office Assistant on August 3 and was replaced by Samuel on 3/8/2015.
4. Piu Hang finished his job at Baker & McKenzie as IT Database Operator on August 10 and was replaced by Tony on 11/8/2015.

### Supported Employment

1. Crystal and Eli were employed as Peer Specialists at the Queen Mary Hospital on June 18 and August 18 respectively.
2. Chi Wai was employed as Mail Room Operator at UBSAG on July 27.
3. Wendy was employed as Clerk at the Queen Mary Hospital on July 1.
4. Viza was employed as Mail Room Operator at Morgan Stanley on August 10.

## Clerical Unit:

1. we received Liu Tien and Xiao Mei from Tree of Life, Qing Dao on July 6. They were very much interested in the clubhouse model.
2. The Clerical Unit has confirmed the guest list for the Employers' Reception cum Open Day. It will gradually send out invitation cards and emails in Mid-September.

### Education

1. The Clerical Unit conducted a training course for Putonghua Clubhouse tour guides on July 22.
2. Social worker Mr. Watt gave advice on continued study to Keith and Debbie respectively. He would hold an education talk in September.
3. Summer English Class was completed on August 17. We thank volunteers Alisa and Janna, who prepared a lot of interesting teaching materials for the members to study English. We are grateful to the student volunteers, Timothy, Lucas, Kiu, Christy, Euphemia, Janna and Alisa, who came to help the Clubhouse during the summer holidays.

## Environmental Protection and Tuck Shop Unit

1. The collection and dispatch of recycled clothing were satisfactorily completed in the end of August. Members could find clothes which they liked and were suitable for them to wear. We are very grateful to the supports of the members and volunteers, enabling this activity to go smoothly.
2. The trial course for training of Peer Specialists was started in August, and was scheduled to finish on September 15. The response to the course was great. 12 members joined the course.
3. For the talk on 'Know more about interviews (2)' at the Employment Lunch, we invited volunteer Miss Chan to teach interview techniques. The response to the talk was great, especially to the part of mock interview that benefit us a lot.
4. The Clubhouse will hold an 'Open Date cum Employers' Reception' on November 19. Environmental Protection and Tuck Shop Unit will prepare DIY lip balms as gifts to the guests and employers. The evening activity on October 20 will be a class teaching members to make lip balms. Members are invited to join.

## Food Services Unit

1. We thank the cooperation of the members in washing dishes during the period the dish washer broke down. The Food Service Unit has got the quotations on the spare parts, and is waiting Queen Mary Hospital to arrange for the repair.
2. We are grateful to volunteer Shirley who came to the Clubhouse on August 15(Saturday) to teach us how to make mango Mousse cheese cake.

# September 2015

## Program Preview

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		Ukulele (5:00-07:36pm) Volunteer Mike, Henry, Derek	Putonghua Class (11:00-11:45am) Chan Kwong, Katy	Talent competition for members and carers cum Poon Choi (4:00-8:00pm) Anita, Francez, Tracy, Derek		Education Lunch (Introduction to the Internet Education Platform) Neil, Francez, Martin
6	7	8	9	10	11	12
	English Tutorial Class (3:00pm-4:00pm) Jennifer, Greg, Winnie		Putonghua Class (11:00-11:45am) Chan Kwong, Katy	Yoga Class (5:00-6:36pm) Volunteer June, Enzo, Apple		Dessert Class – Making Moon Cake Grace, Katy, Henry, Enzo
13	14	15	16	17	18	19
	English Tutorial Class (3:00pm-4:00pm) Jennifer, Greg, Winnie	Karaoke / Fitness Equipment (5:00-6:36pm) Rachel, Katy	Putonghua Class (11:00-11:45am) Chan Kwong, Katy		Introductory workshop on growing African violets (10:00-11:30am) LCSD Volunteer, Environment Protection	Employment Lunch + Birthday Party Understanding Workplace Culture Eli, Anita, Rachel, Bianca
20	21	22	23	24	25	26
	English Tutorial Class (3:00pm-4:00pm) Jennifer, Greg, Winnie		Putonghua Class (11:00-11:45am) Chan Kwong, Katy		Mid-Autumn BBQ (5:00-8:06pm) Katy, Tracy, Enzo, Rachel	Mid-Autumn Lanterns (Cultural Centre) Winnie, Tracy, Neil
27	28	29	30			
	The day following the Chinese Mid-Autumn Festival	Tennis (5:00-7:06pm) Joyce, Martin	Putonghua Class (11:00-11:45am) Chan Kwong, Katy			

# October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				National Day		Learning communication skills Lam, Francez, Martin
4	5	6	7	8	9	10
	English Tutorial Class (3:00pm-4:00pm) Jennifer, Greg, Winnie	Jung Da-yeon gymnastics (5:00-6:36pm) Christina, Bianca	Putonghua Class (11:00-11:45am) Chan Kwong, Katy			Hiking + English Class Dabbie, Henry, Enzo
11	12	13	14	15	16	17
	English Tutorial Class (3:00pm-4:00pm) Jennifer, Greg, Winnie		Putonghua Class (11:00-11:45am) Chan Kwong, Katy	Movie Night (5:00-7:06pm) Rachel, Katy		Learning Home Cooking Volunteer, Mimi, Anita, Rachel, Bianca
18	19	20	21	22	23	24
	English Tutorial Class (3:00pm-4:00pm) Jennifer, Greg, Winnie	DIY Lip balm Class (5:00-6:36pm) Katy, Bianca	Chung Yeung Festival			Employment lunch (personal grooming for employees) + Birthday Party Katy, Winnie, Tracy
25	26	27	28	29	30	31
	English Tutorial Class (3:00pm-4:00pm) Jennifer, Greg, Winnie		Putonghua Class (11:00-11:45am) Chan Kwong, Katy		Employment Dinner (5:00-8:06pm) Apple, Henry	Arts and handicraft Class Anna, Francez, Martin

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## Latest News

1. Keith, Anita and June will go to USA's Denver City to participate in the 18<sup>th</sup> International Clubhouse Seminar. They will give presentation on employment and discrimination.
2. PC accreditation will be held on 5-8/1/2016. Mr. Ralph Bilby (from USA) and Mr. Andrew Rirch (from UK) will come to PC for accreditation.
3. Open House cum Employers Reception will be held on Nov. 19, 2015. The scheduled is as followed: 6:00pm - 6:45pm Tour Round PC, 6:45 - 7:30pm Members' sharing, Phoenix Clubhouse Presentation and Awards to employers. We invite members to organize the Open House cum Employers' Reception. Please contact: Winnie, Greg.

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Opening Hours:  
Work-ordered Day  
Monday - Friday : 8:30am - 5:15pm  
Saturday : 9:00am - 1:00pm  
Social Activities  
Tuesday or Thursday: 5:15pm - 7:00pm  
and some public holidays

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