



# 卓越之訊

PHOENIX NEWSLETTER  
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## Clubhouse Orientation Program

Phoenix Clubhouse conducted an orientation program on January 23-26 to promote the clubhouse model. Participants included professionals from Zhi-Feng Care Centre of Taipei, Taiwan, the Eden Social Welfare Fun Society of Taiwan, and the Seventh People's Hospital of Hangzhou, China.



Participants arrived at the Clubhouse at 2 p.m. on January 23. Members showed them around the place. During the visit, a professor from Taiwan was interested in the list of applicants for transitional employment, and asked what type of transitional employment was most sought after by our members.



At 5:00 p.m. the welcoming party began. Prof. Mak Kee-Yan gave the welcoming speech. After that we all enjoyed snacks prepared by the food services unit and sang karaoke in the Leisure Room. Participants from Taiwan picked songs in Putonghua and Clubhouse members tried the same. Dr. Wong Ming-cheuk also sang a song. The excitement continued until 7:00 p.m. Later a guest from Taiwan was asked whether she had had singing lessons before. She said she never had, but had only heard the original artist sing it. It was amazing that she managed to sing it so well.



The next two days, they attended class at the Clubhouse and also visited a company that provides transitional employment, and another clubhouse, Hang Kin Centre. They were given certificates on the last day. On receiving certificates, they expressed how they felt over the few days: they felt that the Clubhouse members were energetic and polite, took the initiative to greet them, and did answer their questions. The professor from Taiwan shared with us his experience of learning at Fountain House in New York City when he was young, and his determination to develop the Clubhouse Model in Taiwan. A representative of family members of rehabilitated patients from Taiwan told us that the clubhouse model was very useful to them!



In the end, everybody went to the balcony to have a group photo taken of the staff, members and guests, and this concluded the 4-day orientation program at the Clubhouse.

Matthew

# Happy Lunar New Year



Around 30 members attended the Lunar New Year dinner on January 31. This was a good turn out indeed! Members and staff sat around three tables of delicious food such as shrimps, roast pig, fish, chicken, and fruits platters. Members and staff were encouraged to bring their relatives along for dinner and Anita brought along her husband, Mr. Yip, who was very much welcomed. We hope the clubhouse can hold more activities like this in the future, and would like to take this opportunity to thank those who helped out in this event to make it a success.

Mandy

# My days in Wyeth



In mid August 2006, I had another chance at transitional employment. This was my third transitional employment and was with Wyeth Pharmaceutical Company doing data entry. Since this was a new TE position for the clubhouse, I felt some pressure at the beginning. I tried my very best to perform and hoped to give the best impression to the employer in order to pave the way for the next person.

I worked twice a month, on the 10<sup>th</sup> and 20<sup>th</sup>, entering data using Excel. I have to account for the number of gift vouchers given out by each sales person and enter the number into an Excel file. It took 2 to 3 days to complete each job. The job proved to be easy as all it needed was careful checking of the figures. Soon I was able to complete it quite fast. This job was free and easy to handle and the staff were friendly and very good to me. I hope that I can get a suitable job on my own after this transitional employment.

Kenneth

# Visiting the New Year Flower Market

Just before Chinese New Year, some of our members went to visit the Flower Market in Victoria Park. It took us a little more than half an hour to get there. We took photos and headed straight for the snacks, which we consumed as we walked around. The food there was delicious and the displays on the stalls were very creative. We saw a lot of interesting toys and games and marveled at people's creativity!



Flowers there were at full bloom. They were colourful! The scent of water lilies floated in the air; paper windmills turned round and round in the breeze; while people enjoyed snacking and shopping. We wish everyone prosperity and health in this new year of the pig!

Teresa

# Our New Year's Day Fun

February 18, 2007 was a special day for me. Not only was it Chinese New Year, it was also my birthday. I arrived early at the Star Ferry and while I was waiting for the others, I took pictures of the scenery and for some Philippino helpers. At 4:55 pm the other members arrived and we all went to watch a movie. The actors were so good in this comedy that we just roared with laughter! Afterwards, we went to watch the New Year's Day parade. The entire Canton Road was as festive as can be. Every time a float passed by, we clapped and took photos. The dancers were so entertaining that when we left the celebration at 10 p.m., we were filled with fond memories of the event.

Ocean



# Unit Report

## **Administration Unit**

1. The second Clubhouse Orientation Program was held from 23<sup>rd</sup> to 26<sup>th</sup> January 2007. The participants came from Hang Zhou and Taiwan. We will be holding our third Orientation Program from 13<sup>th</sup> to 16<sup>th</sup> March 2007. Participants will be coming from Taiwan, Beijing and Changsha. We thank those who have helped out.
2. Eva will be attending a seminar with Professor Tang and Professor Mak in Hang Zhou to discuss the development of clubhouses.
3. We welcome Shirley Mok, one of our volunteers and Linda to join Friends of PC.

## **Transitional Employment**

1. Holake Hong Kong Lifts Limited at Quarry Bay, offered us a clerical assistant position as transitional employment. Mei Wah is working in this position now.
2. Derek started working as an administrative assistant on 17<sup>th</sup> Jan, 2007 at Jardine Schindler.
3. Anthony started working as clerical assistant on 17<sup>th</sup> Jan, 2007 with The Department of Psychiatry of The University of Hong Kong.
4. Neil started working as marketing assistant at Baker & McKenzie on 29<sup>th</sup> Jan, 2007.
5. Ching Wah started working as office assistant on 12<sup>th</sup> Feb, 2007 at The Hong Kong Polytechnic University.
6. Alan started clerical work on 26<sup>th</sup> Feb, 2007 at Eli Lilly Asia, Inc.

## **Supported Employment**

Helen and Better have been working in 2 different clerical positions at Hongkong Land Limited since January, 2007.

## **Clerical Unit**

### **Clerical**

1. We requested the help of Mr. Chen, our Putonghua instructor, to practice Putonghua with us before the Orientation Program.
2. We had a successful Christmas celebration. There were 130 participants.
3. We have already translated the certification report from International Center for Clubhouse Development. We thank the 15 members for translating and typing the document. It has been given out to all departments for discussion.

### **Employment**

1. The Supported Education Funding Scheme is now open for application. Interested members please go to the reception for application forms and return them to the clerical department on or before 31<sup>st</sup> March 2007.
2. We awarded employment certificates to 64 members who had gone out to work and graduation certificates to 15 members who were enrolled in community education programs.
3. For those who would like to join the education committee to further develop the assisted education program, please contact the Clerical Unit.
4. Fong Fong is now enrolled in the Excel program.
5. Sandy Tai is now enrolled in a Japanese beginner program.

## **Environmental Protection And Tuck Shop Unit**

1. Spring Lunch will be held at the clubhouse on 28<sup>th</sup> Feb, 2007 from 12:30-1:30pm.
2. A talk on how to quit smoking was held on 1<sup>st</sup> February, 2007.
3. The tuck shop is selling new food items. They are potato and corn chips.
4. Water lily bulbs were cut on 29<sup>th</sup> Jan, 2007.

## **Food Service Unit**

1. We would like to thank all the members who helped out in the orientation program.

## March 2007

SUN	MON	TUE	WED	THU	FIR	SAT
				1	2	3
				Weekly meeting (4:15-5:00)	Lantern Festival Gabriel, Rowena (5:00-7:00)	Photo-taking class Anita, Sandy (10:00-12:00) Birthday Party Wendy
5	6	7	8	9	10	
	Standard Meeting (2:15-3:00) Putonghua Practice (3:00-5:00)	Putonghua Practice (3:00-5:00)	Weekly Meeting (4:15-5:00) English and Putonghua Class Mr. & Mrs. Daniel Brindle [Employer of Eli Lilly (Asia) Inc.] Wendy, Ocean (5:00-7:00)		Employment Lunch : Balance your working hour and leisure time Marge, Gabriel (10:00-12:00) Food : Dumpling Wing, Mimi	
11	12	13	14	15	16	17
	Clubhouse Model Orientation Programme					
	Karaoke to welcome clubhouse orientation programme Wendy, Gabriel, Ocean(5:00-7:00)		Monthly Meeting (4:15-5:00)		Jogging, running machine Wendy, Eli (10:00-12:00)	
18	19	20	21	22	23	24
		Standard Meeting (2:15-3:00)	Professional Yoga Class Gabriel, Katherine (5:00-7:00)	Monthly Meeting (4:15-5:00) Flower display Marge, Teresa (5:00-7:00)		Badminton Marge, Man Ling (10:00-12:00) Professional voluntary hair-cutting Didi, Katherine, Wing
25	26	27	28	29	30	31
	Audio-entertainment Wing, Chi Wing (5:00-7:00)	Standard Meeting (2:15-3:00)	Professional Yoga Class Gabriel, Katherine (5:00-7:00)	Weekly Meeting (4:15-5:00)		Healthy Cooking Wendy, Katherine (10:00-12:00)

## April 2007

SUN	MON	TUE	WED	THU	FIR	SAT
1	2	3	4	5	6	7
		Standard Meeting (2:15-3:00)	Professional Yoga Class Gabriel, Katherine (5:00-7:00)	Easter Holiday	Easter Holiday	Easter Holiday Badminton/ table tennis, Abredeeen lunch (10:30-2:30) Anita, Gabriel, Ocean
8	9	10	11	12	13	14
	Easter Holiday	Standard Meeting (2:15-3:00)	Professional Yoga Class Gabriel, Katherine (5:00-7:00)	Monthly Meeting (4:15-5:00) Dinner Gabriel, Ka Fai (5:00-7:00)		Hiking Marge , Siu Ching (10:00-12:00) Birthday Party Wing
15	16	17	18	19	20	21
		Standard Meeting (2:15-3:00) Table tennis Amanda, Man Ling (5:00-7:00)	Professional Yoga Class Eva, Katherine (5:00-7:00)	Weekly meeting (4:15-5:00)		Employment and education Lunch:Human relationship Anita, Mui, Rowena (10:00-12:00) Food : Fry dumpling Wendy, Fong
22	23	24	25	26	27	28
		Standard Meeting (2:15-3:00)	Professional Yoga Class Eva, Katherine (5:00-7:00)	Weekly Meeting (4:15-5:00) Computer Class MS Word Marge, Alan(5:00-7:00)		Sign Language Class Eva, Katherine (10:00-12:00)
29	30					

Program Preview

**Phoenix Clubhouse**  
**4/F, David Trench Rehabilitation Centre**  
**9B Bonham Road, Hong Kong**



Print Matter

### **Latest News**

1. Yoga classes will be conducted every Wednesday from 5-7pm from 21<sup>st</sup> March to 23<sup>rd</sup> May, 2007. It is free for all members and is taught by professional Yoga teacher Miss Yu. Please pick up your application as soon as possible as the class is on a first come first serve basis.
2. The third Clubhouse orientation program will take place from 13<sup>th</sup> – 16<sup>th</sup> March, 2007. Participants are medical staff and administrators from Beijing, Changsha and Taiwan.
3. The Supported Education Funding Scheme is now open for application. The deadline is 31<sup>st</sup> March, 2007.

*Special thanks to Miss Stella Poon for proofreading the newsletter.*

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**Monday- Friday : 8:30a.m- 5:00p.m**  
**Saturday : 9:00a.m- 1:00p.m**

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